

# Northlakes High School Newsletter

*"Opportunities for future success"*



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Issue 7 Term 4 Week 5

Monday, November 07, 2011

**From our Principal**  
**Ms Merrilyn Rowley**

## HOSPITALITY CENTRE LOOKS GREAT!

We have begun Term 4 with classes accessing the new Hospitality Trade Training Centre. Staff and students are enjoying outstanding facilities and equipment which are on par with large commercial kitchens, and the opportunity to practise necessary skills for their vocational courses. The Metals and Construction facility was handed over to the school on the 20<sup>th</sup> October. It contains much new equipment, and two covered outdoor work areas for students who choose to construct larger items for their major works. Staff in the TAS Faculty have spent many hours unpacking and organising equipment in these areas, helped by our general assistants, Mr Reed and Mr Bulger. I thank them all for their efforts.



## HSC EXAMS GOING WELL

Higher School Certificate students are undertaking their examinations in J Block this year, and these have been running smoothly. I remind those students who are seeking scholarships or have yet to finalise courses at University or TAFE to do so very soon! Thank you to Mr Hextell, Year 12 Adviser, who organised a memorable farewell assembly and has

provided support to students during the examination period.

**Caltex Allrounder Award** - Tayla Wright  
**Reuben F Scarfe Award for commitment** - Hayley Gutteridge  
**Hunter Technology Educators' Association Award** - Laura Waldron  
**RH Strike Award** - Sarah Walpole  
**Victoria Whitney Award** - Christopher Hughes  
**Award for Citizenship** - Stephanie Haider  
**ADF Award for Leadership and Teamwork** - Anthony Lee  
**Support unit Award** - Alex Oczenaschek  
**Aboriginal and Torres strait Islander Award** - Alana Becker  
**Creative and performing arts** - Lavinya Adams  
**PDHPE Award** - Stacey Miller  
**Sports Awards** - Danny Smith, Ashley Monk, Gemma Ferrington, Scott Bundy & Jermaine Cavanough  
**Vice-Chancellors Award** - Stacey Miller  
**Principals nomination** - Lauren Hawthorne  
**Academic Achievement Award** - Jack Gao  
**Year Advisers Award** - Gretal Van Curran, Anthony Le, Stephanie Haider, Jessica Matwijow & Ashley Monk  
**Solar Car Presentation** - Jessica Matwijow & Natalie MacNamara  
**DUX of Northlakes high School** - Stacey Miller

## THE SCHOOL LEADERS FOR 2012 ARE:

**Sharnie Davis**  
and **Jordan Bertucci**  
(captains),  
**Maddy Dunlop**  
and **Jake Faber** (vice  
captains),  
**Kelsey Jensen**



and **Jake Donaldson** (prefects). They are already working for the SRC and have assisted on assembly. I look forward to their input in the school.

## PERSONAL LEARNING PLANS

Our Aboriginal Education Team has spent many worthwhile hours conducting interviews with Aboriginal students and their families to update their Personal Learning Plans. Information from these plans is used by staff to guide their programs so students' needs are met. Thank you to this team, and especially Ms Byrnes, who has co-ordinated the project. Congratulations also to Mr Peter Louie, who has been selected for a targeted Aboriginal Leadership Program.

## GATS WORKSHOP

Congratulations to the Year 8 students; **Abby Hugman, Bryce Mullen, Riley O'Mara, Alisandy Ismail, Amy Roberts, Danny Clark, Grace Kessling, Jodie Jackson, Kim Virtue and Mitchell Jackson**, who mentored Year 5 students from our partner primary schools on how big Northlakes High School's environmental footprint is. Great research and presentations came out of the exercise. Ms Shayne Player, our relieving School Education Director, came to the presentation on 25/10/11. Her response is as follows....

"Last night I had the privilege and pleasure of attending the GATS Presentation evening at Northlakes High School. What I saw and heard was a credit to the combined efforts of teachers and a willingness of principals to work together for the good of students and public education in your local area.

Students and parents were immensely proud of their efforts. In talking with parents after the presentation, they were keen to continue the conversation around what secondary school can look like for their child.

The relationships that have been formed across the schools and within student groups augurs well for the ongoing future development of GATS and further co-operation between schools in your learning community. The commitment of those staff directly involved in the program is a credit to their determination, inclusivity, professionalism and commitment to public education.

Congratulations one and all on this successful program and presentation evening."



**Gemma Ferrington has been awarded a NSW Blue.**

This is the highest sports award available in the state for a high school student. She has been an exceptional athlete, commended in every team she has played in. I look forward to seeing her presented with this award at Olympic Park in December.



## Pink Day

We had a great event in Week 3; firstly with a pink staff morning tea, then with a pink mufti day and concert. The talent in this school is amazing! All money went to raise funds for research into treatment and cures for breast cancer. The support from our school was great to see! Congratulations to Ms Hickson and the SRC for their organisation.



Facebook continues to cause many problems at school, as unsupervised students write rash comments about others, which creates conflict. All parents/guardians should actively supervise young people's access to and use of the site; it is often astonishing what some people write. The school may well pass information from Facebook to the police if we deem it appropriate.

Fighting is not accepted at Northlakes High School. Our Welfare Team is large and is designed to assist students in all sorts of situations. The students know very well what the school's rules are about this, and strategies they may take to avoid conflict. A student who injures another will be reported to the Safety and Security Directorate.

### NEW PARKING SIGNS

I am sure a lot of parents will be pleased to see the new signs at the front of the School. There is an area marked "no parking" so now you can drop off your students without getting fined.

### WORLD TEACHERS DAY

Friday was World Teachers Day, and the P&C provided a cake to say thank you to all the wonderful staff for all of the hard work and dedication towards their children.



### IMPORTANT CHANGE OF DATES

<b>P &amp; C Meeting</b>	<b>3:30pm 8 November</b>
<b>9/12/11</b>	<b>Year 10 Presentation 9am</b>
<b>14/12/11</b>	<b>Year 9 &amp; 11 Presentation Day 9am</b>
<b>14/12/11</b>	<b>Year 7 &amp; 8 Presentation Day 11:30am</b>

### English Report

Term 4 is shaping up to be a busy but exciting time for English students and the faculty. Year 7, 8 and 9 students have just sat their yearly examinations and teachers are hard at work grading papers.

Several highly committed staff members are travelling to Gosford each afternoon to do even more marking as official Board of Studies HSC markers. We've recently started a creative writing group and are really excited to have found a group of enthusiastic young writers and can't wait to see what they publish.

Best wishes to our Year 12 students, we hope you achieve great results and your future is all you hoped it to be.

**English Faculty**

### Mathematics Report 28/10/2011

The Mathematics staff would like to welcome Mr Meza, who has joined Northlakes as a permanently appointed teacher this term. Mr Meza comes to us with a wealth of cultural knowledge which our students will appreciate. He has already taught one Year 7 group a number of words in Spanish.

Congratulations to the two Year 7 students **Alan Lee** and **Ethan Holdsworth** who were awarded a credit for their fantastic results in the Australian Mathematics Competition. Hopefully these great results will encourage more students from all grades to enter next year's competition. ☺

A reminder that all Mathematics Moodle homework for Year 7 and Year 8 should be approaching completion by now. The Mathematics staff will be working out overall class marks which will contribute to final assessments, so students have very little time left to complete these sets. See Mrs Woodley immediately if you need to have your password reset.

As part of our Middle School Numeracy Program, Mrs Curran and Mrs Woodley recently worked on problem solving strategies in Mathematics and attack skills for exam questions with groups of Gifted and Talented Students from our three feeder primary schools. It was very interesting working with our primary school students and hopefully this program will be extended in the future. Some of the students were very capable and we look forward to welcoming them to our high school community next year.



Many of our students have had the opportunity to work with Mr Bob Welham recently. Mr Welham is our region's Numeracy Consultant, and has worked with our GAT students in Year 9 and Year 10 on problem solving skills, as well as our Year 11 students on sequences and series concepts. More sessions are planned where Mr Welham will be a special guest for our Year 8 students, which we are looking forward to.

A reminder again that all students need to bring their books for every lesson, whether their class is using laptops or not. Some things in Mathematics take a long time to format and it is often much quicker and easier to have a workbook to complete exercises in. As some of our classes are using Mangahigh as a learning tool, it is also important that the classes concerned also bring their laptops every lesson.

### **Mathematics Faculty**

### **Science Report**

Welcome to a busy term four with lots of activities happening in the Science Faculty.

We have some new arrivals in our Agriculture Farm and welcome our new lamb named Patch and two steers named Travis and Troy. The vegie patch is thriving and the fish are getting bigger every day thanks to the dedication of Mr Pankhurst and all his students.

The Science Faculty has arranged for an excursion to the Powerhouse Museum and the IMAX Theatre in November. There are limited seats so money needs to be in as soon as possible.

Also for Year 8, the National ESSA exam is on the 22<sup>nd</sup> November and for the first time the exam will be an online exam. The students have had practice days to help them be prepared. Students should remember that these exams are important and they are used at times for assessing students' ability in contrast to National Standards.

The Year 10 Trial Examinations have been taken and the students are being prepared to sit their School Certificate that will be held on the 22<sup>nd</sup> November.

The Science Faculty also would like to congratulate all the students who participated in the GATS days held in conjunction with our local primary schools. The students' work was outstanding and the presentation night was a huge success where the

Year 5 students presented their work to their parents and official guests. Thanks must go to Mrs Russell and Mrs Fulwood who organised the five day event.

"We are what we repeatedly do. Excellence, then, is not an act, but a habit." -Aristotle

### **Science Faculty**

### **CAPA Report**

We have had a very busy start to Term3 with a fundraiser concert at the primary schools, HSC body of work marking and the Pink Ribbon Concert.

The fundraiser concert at Northlakes Primary School and another at Bluehaven Primary School were both held to assist in supporting the community Christmas Carols on the first Wednesday of December. As the committee was having difficulty gathering the funds needed to cover expenses, it was suggested a concert would help. I would like to thank the primary schools for their help and commend the Year 7 and Year 8 student performers and the sound crew. It was a huge undertaking for some students as this was their first performance. The obvious enjoyment on the faces of the audience and their participation gave the performers the impetus to give their best performance.

The Pink Ribbon fundraiser day concert was another huge success. It began with a solo from Cory Jones and continued with favourites like "Brick in the Wall", "Jar of Hearts" and "Follow Me".

The HSC body of work was marked on the 28/10/11 and we wish all students the best for their exams. Year 9 are looking forward to their excursion to "Sculpture by the Sea" on 14/11/11 at Bondi .

### **CAPA Faculty**

### **TAS Report**

Term 4 is a busy time of year at Northlakes High and the TAS faculty is no exception.

We would like to welcome a new permanent staff member to the faculty, Mr O'Mahoney. Mr O'Mahoney is a Technology teacher who specialises in teaching senior computing studies including IPT and IT VET. He is also trained in Hospitality and we are looking forward to having such a multi skilled and experienced new teacher in the faculty.

The Hospitality Trade Training Centre has been officially opened and the senior students are enjoying using these new, professional facilities. The refurbishment of the junior kitchens has commenced and should be completed by the beginning of next year. As a faculty we are very excited about all of these new developments and the opportunities they will provide for the students at Northlakes.

TAS teachers would like to congratulate the Year 12 Hospitality class on another successful catering event. A morning tea was held in support of breast cancer research on Tuesday the 25<sup>th</sup> of October with over 60 staff members attending. The hospitality students were involved in the cooking, setup, presentation and clean up of the event. This function will contribute towards the students achieving the competencies required to complete this course.

### **TAS Faculty**

#### **Support Report**

A busy period brings us nearly to the end of the year. The IOJ class in conjunction with Mr Clint Johns have been busy entering into the 'grains' cooking competition culminating in a trip to Sydney for the cook off. The IOT class had their bi-annual camp to Port Stephens and from all reports enjoyed the relaxed lifestyle of whale watching, tobogganing and four wheel driving among many other pleasurable activities. Thanks to all the hard working staff who attended.

The IOS not only won the Wyong Shire Garden Competition for the fourth year in succession, but managed to beat the IM class in the annual footy tipping competition.

The behaviour unit has been busy and are in the process of constructing a new garden shed as a woodwork/building project. The unit has also been busy participating in the 'Drumbeat' program and has been fortunate enough to employ Howard Shearman, a past student of recent times who is taking students from across the faculty for music lessons.

The end of the year is also the annual IOTAS concert. This year the students performed to 'Six Months in a Leaky Boat'. The concert is performed in front of thousands of people at the Newcastle Entertainment Centre and from all reports our students were fantastic. Thanks again to all our hardworking staff, I don't think they'll ever forget the making, decorating and transporting of the boat, which was a great team effort.

### **Mr Adrian Cotterell Support Unit**

#### **Welfare Report**

The Welfare Team at Northlakes High School has had a busy and productive start to Term 4! There are many programs underway and the finishing of others.

Plan It Youth has been another great success...they all enjoyed a BBQ lunch to celebrate their efforts. This year we have had 18 students and 10 mentors who worked together to support each other through the course. A big thank you to Mr Glasson who organised the group and mentors.

Drumbeat, which is run by the Samaritans is well underway. This is our second group participating. Students are enjoying the whole drum beat experience.

Other programs our students are participating in are Men Shed Group, GLOW, Reality Check and Anger Management. These programs all offer great opportunities for our students.

At the end of this term we will be running a "Good Kids" excursion for Year 7 to Luna Park, we will keep you posted on the details...

The wearing of uniform at Northlakes High School uniform is expected and enforced. Each morning a year group are chosen for a uniform check. Those out of uniform need to bring a note from home to receive a uniform pass. If out of uniform two days in a row without a pass, a letter will be sent home. Ensure you get your Summer Uniform organised over the school holidays. Correct shoes are required for safety reasons.

<u>Junior Boys:</u>	Black shorts, green polo shirt or green button up shirt & black leather covered shoes
<u>Junior Girls:</u>	Junior school skirt or black shorts, green polo shirt or green button up shirt & black leather covered shoes
<u>Senior Boys:</u>	Black shorts, white polo shirt or green button up shirt & black leather covered shoes
<u>Senior Girls:</u>	Senior school skirt or black shorts, white polo shirt or green button up shirt & black leather covered shoes

Remember we now sell the black shorts in the same style as our green sports shorts in the Uniform Shop, these will be great for summer.

This term we have our final two Immunisation Days. They are the 15<sup>th</sup> November and the 7<sup>th</sup> of December. During these two days Year 7 girls will be given their final HPV vaccine and both the Year 7 girls and boys will receive their 2<sup>nd</sup> Hepatitis's B vaccine. It is important that all students are present that day to receive these vaccines funded by the government for our school. We also have small number of Year 10 students receiving their catch up vaccines. Please contact your Year Advisers if you need any more information or forms.

Missing school means your child misses out on vital information and maintaining learning routines. This can result in a loss of confidence and missing out on forming vital friendships.

Attendance is recorded each day. As a parent or caregiver you are responsible for ensuring your child attends school every day, including sports days unless your child:

- has an unavoidable medical or dental appointment (preferably these should be made after school or during holidays)
- is required to attend a recognised religious holiday
- is required to attend an exceptional or urgent family circumstance (such as attending a funeral)
- is sick, or has an infectious illness.

Students need to attend school regularly to meet the course requirements of the School Certificate and Higher School Certificate.

If you are having difficulty getting your child to attend school regularly, you should contact Mrs Garside, Head Teacher Welfare and Attendance, to discuss the issue.

If your child has to be absent from school for any reason, including arriving late or leaving early, please either tell your child's teacher or the administration assistant at our school, or explain the reason by phone, email, or written note as soon as possible, or within seven days.

### **REMEMBER: IT IS NOT OK TO BE AWAY!**

Our Aboriginal Girls Dance Group is rehearsing performances for the 2012 School Spectacular. Congratulations to our dance group for being chosen to participate in such a fantastic concert.

Bush Tucker Garden is underway with the group clearing out an old garden in the school ready to utilise the grant we won. The planting and landscaping will start early next year. This is going to benefit the school community and especially our Indigenous students.

The Aboriginal Personal Learning Plans have been very successful. Staff met with parents and students discussing the future directions in their education. A big thank you to all staff involved for their time and commitment to these students.

The Welfare Team at Northlakes High School would like to say a huge **THANK YOU** to the San Remo Neighbourhood Centre. The San Remo Neighbourhood Centre continues to support us with programs and professional support for the students our school. They are an invaluable resource for our school community. Thanks again!

Remember the Welfare Team are always here for you to contact on 43 900555 with any welfare concerns about your child.

**Ms Jodene Garside, Ms Simone Byrnes and Mr Jon Glasson**

### **"MY PARK" Festival**

**25<sup>th</sup> and 26<sup>th</sup> November 2011**

**9.30am to 6pm**

**San Remo Community Park, Highview Avenue, Sunny San Remo**

The San Remo Community is holding a festival and clean up day to begin redeveloping the old extreme park into a community park for everyone.

This will involve painting murals on toilet block, tree planting, push bike checks, outdoor cinema, BMX Champions demonstrations, BBQ, Tug of War and name competition for the park!

Come and join in the fun!

### **Debating and Public Speaking Report**

The Year 7 Debating Team worked extremely hard all year to make it to the Regional Quarter Finals in the State Premier's Debating Challenge.

The team competed against Tuggerah Lakes Secondary College- Berkeley Vale Campus last Friday here at Northlakes and unfortunately did not win the round, making them second for this area of the Central Coast. The team had not lost a round all the way through to these finals and should be congratulated on their fantastic efforts and commitment to one another.

Congratulations to **Susy Taylor- Monzer, Tara Wallace, Rhianna Howlett** and **Dylan Matwijow** who all competed in the Quarter Finals. Also a big thank you to all students involved with the chairing and organisation of these events



**Rhianna Howlett and Dylan Matwijow**

Best of luck next year to all Northlakes Debating Teams!

**Ms M. Smith**

## **SRC Report**

Term 4 has begun with a bang as the students were the organisers of both the staff morning tea and the students mufti day and concert to fundraise for Breast Cancer Awareness. The morning tea was well attended for with our thanks to Mrs Jo Jager for organising the catering. Students from the Hospitality class along with their teacher, Mrs Cheryl McArther, set out a delicious array of pink morning tea food and drinks that was enjoyed by all who attended . Our guest speaker Mrs Kristina Lonergan inspired us to keep positive about our health and keep checking for signs of breast cancer.

The next day we changed hats and came dressed in pink and ran the concert in Period 4. Our thanks go to the performers with their pink inspired items especially the Year 8 version of "Brick in the Wall" and to the audience who supported them. The total money raised is over \$1300 with the actual total not finalised as some funds are still rolling in.

We have also been asked to donate our time to help with the Primary School Fair on Friday 4/11/11 and the Kids Day Out on 6/11/11.

**The SRC**

## **Year 7 Report**

This Term I have organised a "Good Kids" excursion to Luna Park on the 12<sup>th</sup> of December. A limited number of places will be available to reward students who have an excellent behaviour record and have shown commitment to class work during Term 4. Permission notes have been sent home. The cost of the excursion is \$29.00 paid to the school for Luna Park and \$7.80 to bring to the train station for a return ticket to Milson's Point. Please pay to the finance office by the 30<sup>th</sup> of November. I'm really looking forward to going and it should be a fun day out!

The teaching staff is now working on finalising marks and grades for classes. All exams were completed in Week 4. Students need to ensure that any homework for this semester is completed and submitted to the relevant teachers.

The canteen will again be selling book packs for next year and you may wish to purchase these. The cost is \$20.00. Until then, please help us by ensuring your child has the necessary equipment for the remainder of this term.

If your child has not created an account on our school's Moodle site or is having difficulty logging on, please let them know that they can visit me for assistance.

If you need to contact me to discuss your child I am located in the Creative Arts Department. My email address is: [megan.lubinski@det.nsw.edu.au](mailto:megan.lubinski@det.nsw.edu.au)

**Mrs Lubinski- Year 7 Adviser**

## **Year 8 Report**

This has been a busy time for our Year 8 students with many students participating in many extra-curricular activities.

**Jacqui Walsh, Corey Jones, Ben Saggus, Brandon Rondan, Julianne Whiting, Tiah Hartas, Anna Voltmeyer, Korijane Montgomery, Angel Danzante, Allyson Slowgrove, Teisha Timicz, Anthony Webb, Alana King, Amber Henderson, Tahlia Whitfield, Tennielle Waters** and apologies to any students not mentioned, performed at both Northlakes Primary School and Blue Haven Primary School over the last few weeks, to raise funds for the local community Christmas Appeal. They received not only rapturous applause from their audiences but also Principal's Awards from Ms Rowley for their fine efforts.

For every positive at Northlakes High School we unfortunately have to deal with negatives. Several Year 8 students have faced disciplinary sanctions for fighting. Young people fighting is, in itself, unfortunately, nothing new to our society, however the manner in which these fights occur is to be condoned. Students have been using several of the social networks to abuse each other which have resulted in these fights. I would again encourage parents and carers to monitor students in their usage of these networks, please.

During the last school holidays **Tahnee Blenman** from Year 8 toured California with her Sydney soccer/football representative team. Tahnee's team played games against college teams in both Los Angeles and San Diego, although their results were mixed, Tahnee enjoyed the experience of both travelling to another country and competing at a higher level than she has previously.

**Mr Seaby- Year 8 Adviser**

## **Year 9 Report**

Term 4 has been another very busy term for our Year 9 students. We have had a focus this term on completing all outstanding Assessment Tasks in preparation for finalising marks and outcomes for reporting. Unfortunately, there are many students who have outstanding N Award Warnings as they have not completed and submitted an Assessment Task on time. It is extremely important that all students complete and submit tasks by the due date in order to receive the marks they deserve. I cannot stress enough how important it is to refer to and utilise your Assessment Schedule each term in order to be aware of upcoming tasks. Let's all get in the practice of doing this for Year 10. It's never too late! You have all been provided with these pink booklets at the beginning of the year. Please use them. The Assessment Schedules can also be found on the Northlakes High School website under the 'School Years' tab at <http://www.northlakes.schools.nsw.edu.au/>

Congratulations to our four Year 9 students who availed themselves of the opportunity to go to the Impact Student Leadership Conference in Newcastle to increase their skills and confidence in this area and to be potential leaders in our school. Their behaviour and participation in this conference is to be commended. Well Done!

Congratulations to the many other students who have excellent behaviour records and who have

applied themselves to all areas of their study. Well Done!

It is wonderful to see our students not only achieve great results in school activities but also out of school sporting events. Congratulations to Brady Robinson who recently received a Gold Medal in the State Championships for Boxing in the 64kg division at Rockdale.

Although the end of year is approaching fast, it is still important for all students to continue to bring their equipment for class and maintain wearing the appropriate school uniform. I understand the weather is heating up but singlets and loose T-shirts are not acceptable.

If you have any further enquiries please feel free to email me on [Kerry.bissaker@det.nsw.edu.au](mailto:Kerry.bissaker@det.nsw.edu.au)

**Mrs K Bissaker- Year 9 Adviser**

## **Year 10 Report**

The School Certificate is just around the corner, and although the majority of students will continue on to Higher School Certificate studies, it is very important that this is taken seriously. These exams are conducted by the Board of Studies and it is essential that the students are prepared for the exams and have all equipment. This includes Pens, pencils, ruler, geometry set, calculator etc.

This term and Term 1 of next year I have organised Road Safety Programs for the students to participate in. Young people make up just 16% of all road users, yet every year 25% of people killed on our roads are young people. These statistics are alarming and I'd like the school to provide the opportunity for the students to be educated in this area as much as possible.

In Week 6 of this term, a program called "The Lemon Car" will be coming to the school. Notes have been handed out. I am asking for your support to ensure your children gain as much knowledge as possible to allow them to make sensible decisions once they are on the road.

Another road focused program is conducted by Rotary club at Wyong Race course March 22<sup>nd</sup> 2012. The cost of this program is only \$5 per student thanks to Busways and Delta Electricity subsidising this for our students, as they see it as a beneficial day. I was lucky enough to attend at the beginning of the year with the current year 11 group and it was fantastic, informative, eye opening experience.



Some other important dates to remember include:

- \*Week 5 – School Certificate
- \*Week 6, 16<sup>th</sup> November – The lemon car
- \*Week 9 - Year 10 assembly

Please do not hesitate to contact me on 43 900 555 if you have any questions or queries.

**Mrs Lara Jephson- Year 10 Adviser**

### **Aboriginal Assembly of Achievement**

On Thursday 8<sup>th</sup> December Northlakes High School will be hosting our annual Aboriginal Assembly of Achievement. The celebration will begin at 11.30am with a bush tucker morning tea prepared by our Hospitality students. The formal proceedings will begin at noon and it is expected that the presentation should last approximately one hour. This ceremony awards for Aboriginal Staff and students in our school community in the areas of leadership, education, sport and culture. In addition to student awards the assembly will showcase various student performances including, our renowned Didgeridoo group, dances and student artworks. All our Aboriginal families and any other interested parties are invited to attend.

Aboriginal Education Team

### **P&C News**

Our next P&C Meeting has moved to Tuesday 8th December, as there are so many things happening in the School. Seeing it is the last one for the year we would love to see as many Parents/Caregivers come along and find out what is happening in this School. The time is 3:30pm, and it is in the Language Centre.

**Volunteers Afternoon Tea, and meet the new Principal – 23rd November at 2:30pm in the new hospitality centre.**

We have some wonderful volunteers in this School, and this year we will be holding an afternoon tea to thank them, and give everyone the opportunity to see this wonderful centre and see some of our VET students at their best. The position of Principal has also been advertised, and this would be a nice way to celebrate with whom ever gets the position. We would like to open the invitation to any Parent/Guardian that would like to come along. Please RSVP to the office on 43900555 if attending.

### **UNIFORM Shop**

Our uniform shop is well stocked, and just a reminder that we are open on Friday mornings from 10:00am till 11:15am. If this time is not convenient for you or your child, you can pick up an order form from the canteen or student window, and the order may be collected at a later time. Just remember Year 10 that you will wear white senior shirts next year, and they are also available with the logo for \$25.00.

### **CANTEEN**

At the end of this newsletter you will have a new canteen price list, Please keep it in a convenient location.

### **CHANGE OF CONTACT DETAILS**

At the end of this newsletter there is a form you can return with any change of details, or e-mail address if you would like to be added to the e-mail distribution list. There are also some notes to fill out if your child is sick. Keep this sheet in a handy place if ever needed.

### **Enrichment Opportunities**

Enrichment opportunities are an important part of school life at Northlakes High School. We have a reputation to maintain and titles to defend as a result of our previous success in competitions such as Techno Push, the Solar Car and Solar Boat Challenges. Congratulations to this year's Techno Push team who competed at Eastern Creek last term. The team entered three cars; Bliss Kiss, Green Fire II and SOS Titanic and they competed in endurance, brake trials, sprint courses and road safety courses on the day. They overcame bad weather competitions to win an award.

This term we have a team of dedicated Year 8 students competing in the state wide Go4Grains competition. They will be travelling down to Hurlstone Agricultural High School with Mr Johns next month to compete and we wish them luck.





We are sad to announce that this will be the last time that Mr Johns will be involved in supporting our students at these competitions as he has taken up an appointment at another school. Many thanks for your tireless dedication to offering enrichment opportunities and your enthusiastic support of students at this school.

At the beginning of this term a group of budding authors got together and "Wordslingers" was born. Wordslingers meet in D7 with Mr Stewart and Ms McArthur, Recess 1 every Tuesday in Week B. This is an opportunity for students to get together and share their passion for writing, hone their writing skills and find out about opportunities to be published and enter competitions. A Writer's Workshop Day is currently being planned for later this term.

Next year we would like to launch a Chess Club; there is a large group of students in the school who have expressed an interest in learning to play and competing in the school competition; all we need is a coach. If you are interested in becoming involved and can spare thirty minutes once a fortnight to support the students at Northlakes High please call the school (43 900 555) and leave your contact details for Ms McArthur.

Last term saw the launch of our STARS@NHS Facebook page. This page is provided to keep students in touch with special opportunities available in the school and also to highlight the achievement of students who become involved in the enrichment opportunities that we offer. To check in on what students have achieved, see photos of events and find out what opportunities are coming up, log in to Facebook and find the STARS@NHS page. If you want to receive regular notifications, as news is posted on the page, click on the 'like' button. For those students without Facebook, announcements of opportunities are made at rollcall and students can come and speak to Ms McArthur in the TAS staffroom.

**Ms McArthur**

## **VOLUNTEERS NEEDED**

### **Blue Haven/San Remo Christmas Carols**

7th December at Blue Haven oval.

If you feel you could help out in any way, call Anna at San Remo Neighbourhood Centre on 43907888. The next 2 meetings are 16th and 30th November at 3.30 at the Blue Haven Community Centre.

### **Some strategies to consider if you think you are being bullied**

- Try to stay calm if someone is calling you a name and try to ignore them
- Don't fight back – You could make the situation worse
- Only give your phone number out to people you know
- Do not delete a harassing text or Facebook post..... show an adult
- Keep your secrets a secret (especially the girls)
- The biggest problem we have @ NHS is people spreading rumours about each other
- NEVER give your passwords to Facebook & My Space to your friends – EVER!!!!
- Think before you hit ENTER on Facebook & Myspace Bystanders who say something are one of the most effective people to reduce bullying
- Once you have typed something STOP and consider the consequences of your words.
- Remember....."Do unto others as you do unto yourself"

That is.....

- Treat people the way you want to be treated



<p><b>To Office Staff</b></p> <p>Student name _____</p> <p>of Year _____ Roll Group _____ was absent</p> <p>from _____ to _____ (date/s of absence)</p> <p>due to : _____</p> <p>_____ (reason)</p> <p>Signed: _____ (Parent/Caregiver)</p>	<p><b>To Office Staff</b></p> <p>Student name _____</p> <p>of Year _____ Roll Group _____ was absent</p> <p>from _____ to _____ (date/s of absence)</p> <p>due to : _____</p> <p>_____ (reason)</p> <p>Signed: _____ (Parent/Caregiver)</p>
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**CHANGE OF ENROLMENT DETAILS**

**STUDENT NAME:** \_\_\_\_\_ **YEAR:** \_\_\_\_\_

**CHANGE OF ADDRESS:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_

**CHANGE OF PARENT/GUARDIAN DETAILS**

**PARENT/GUARDIAN 1:**

**NAME:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Daytime phone number:** \_\_\_\_\_ **Mobile phone number:** \_\_\_\_\_

**PARENT/GUARDIAN 2:**

**NAME:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Daytime phone number:** \_\_\_\_\_ **Mobile phone number:** \_\_\_\_\_

**CHANGE OF EMERGENCY CONTACT DETAILS**

**EMERGENCY CONTACT 1 Name:** \_\_\_\_\_ **Relationship with Family:** \_\_\_\_\_

**Daytime Phone Number:** \_\_\_\_\_ **Mobile Phone Number:** \_\_\_\_\_

**EMERGENCY CONTACT 2: Name:** \_\_\_\_\_ **Relationship with Family:** \_\_\_\_\_

**Daytime Phone Number:** \_\_\_\_\_ **Mobile Phone Number:** \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Date** \_\_\_\_\_

(Mother/Father/Guardian)

## THE GLOBAL EXPERIENCE – LIVE IT AT HOME HOST FAMILY OPPORTUNITIES IN 2012

In January 2012 we will be receiving exchange students from Japan, Europe, the USA and Latin America. Our new arrivals will live with a host family and attend a local school for 2-10 months. As we plan for their arrival, we are keen to hear from suitable families located in NSW who might be interested to host a student.

Host families come in all shapes and sizes, backgrounds and ages. To this end, we would again be grateful if you would place a notice in your newsletter/bulletin or mention it on your website. You can download the newsletter notice here in [Word](#) format, as a [JPG-PAGE 1](#) / [JPG-PAGE 2](#) or in [PDF](#) format.

All students have at least basic levels of English, would attend a school in your local area and live the life of a local. Our group of students cover a wide variety of interests and hobbies. If you would like to provide your students, parents or language teachers with further information on our inbound students you can also download some student profiles in [PDF Format](#). This is just a small sample of all the students who will be arriving. Our staff members will be happy to discuss which student might be best suited to a family.

Hosting an exchange student can be a truly rewarding experience. It allows a family to experience a foreign culture first hand, be exposed to a new language and pass on a bit of our own culture. They might even make a friend for life!

*"Being the youngest and the only one left at home I was looking forward to having another teenager in the house. While Charlotte helps me with my French I help her with her English lessons and I have taught her many Aussie words and sayings. We both love to shop and shop and shop..."* **Grace, Host Sister**

*"Hosting Kirstine has brought our family closer together. We're doing things we used to do when our kids were little, like boiling the billy, having a BBQ and baking apples up the paddock. She's helped us remember how to have fun when we're working and take time out for adventures."* **Sharon, Host Mum**

*"It's been a fantastic experience so far...It's been great having an older brother for our young kids. Simon has been a fantastic role model...Simon helps around the house a lot. One of the first things he said to us during the first couple of days he was here was what should my chores be? I was delighted to hear him say that."* **Victoria, Host Mum**

Student Exchange Australia New Zealand is a not-for-profit secondary exchange organisation which is registered with education & regulatory authorities in each State and Territory. You can find out more about our organisation by visiting [www.studentexchange.org.au](http://www.studentexchange.org.au).

If you have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, you can either respond to this email or call our office on 1300 135 331. No obligation.

Thank you in advance for your assistance.

Yours sincerely,

Nick Lorentzen  
National Director

Student Exchange Australia New Zealand Ltd

PO Box 1420 Mona Vale NSW 1660

Suite 2590, PO Box 83000, Wellington 6440  
New Zealand

Tel: 0800-440079

Fax: 0800-440079

Web: [www.studentexchange.org.nz](http://www.studentexchange.org.nz)



## **CANTEEN PRICE List @ Term 4, 2011**

<b>ROLLS/LAVASH BREAD – Sandwiches less 20c</b>		<b>OTHER</b>	
Chicken Salad Lavash	3.50	Chicken JJ's	.90
Salad Lavash	2.80	Sun Fruits	.80
Chicken, Lettuce & Mayo	3.30	Snakes or red liquorice	1.00
Salad (beetroot, tomato, carrot, lettuce)	2.80	Mentos	1.30
Ham	2.50	Chips (29g)	1.00
Roast Beef	2.50	Soothers	1.80
Chicken	3.00	Kettle Chips	2.00
Ham Salad	3.20	Helow Pandas	.60
Roast Beef Salad	3.20	Wagon Wheels	1.40
Chicken Salad	3.50	<b>HOT FOODS</b>	
Egg & Lettuce	2.40	Pie (Plain)	2.30
Cheese & Tomato	2.20	Sausage Roll	1.70
Meat & 1 Filling	2.60	Chicken & Corn Roll	1.40
Meat & 2 fillings	3.00	Pizza Rounda's	2.00
Toasted sandwiches + 40c		Chicken Burger (lettuce + mayo)	3.00
Salad BOX (Beetroot, Tomato, Lettuce, Carrot & celery)	2.30	Chicken Burger + Salad	3.50
Pasta Salad	2.00	Cheese & Spinach roll	2.50
Fruit Salad (Seasonal)	1.50	Vegi Burger (lettuce + mayo)	3.00
		Vegi Burger + Salad	3.50
		Chicken Wrap (tomato, mayo +lettuce)	3.00
<b>EXTRAS</b>		Lasagne	2.80
Eggs	.50	Pizza (cheese/BBQ chicken/Supreme, Ham Pineapple,)	2.50
Onion	.10	Macaroni cheese	1.80
Cheese	.50	Beef & chicken noodles	
Chicken	1.00	<b>TERMS 2 &amp; 3 only</b>	
Salad Dressing (Italian/French/Balsamic & Caesar)	.20	Chicken, Cheese & Bacon, Mushroom, Curry and Potato pies	<b>2.50</b>
Mustard	.30	<b>DRINKS</b>	
Curry	.30	Hot Milo (Terms 2 & 3 only)	1.20
Sweet Chilli Sauce	.30	Jelly Cups	.50
Tomato	.20	Jelly Custard	1.00
BBQ Sauce	.30	Moove – Small – 300ml	1.90
Mayonnaise	.20	Moove – Large – 600ml	3.50
Beetroot	.40	Dare	3.20
Celery	.40	Oak – Small – 375ml	2.00
Lettuce	.40	Oak – Large – 600ml	3.00
Tomato	.40	Plain Milk – Small – 300ml	1.20
Carrot	.40	Plain Milk – Large – 600ml	1.60
Roast Beef	1.00		
Ham	1.00	Small Juice	1.50
		Large Juice Macquarie	2.50
		Macquarie Valley Juice Medium	2.00
		Mineral Water	1.50
		Water	1.50
<b>Prices subject to change without notification</b>		Soft Drinks – Diet coke, zero, Diet Sprite, Diet Vanilla coke	3.30
		Pump Water	2.20
		Yoghurt	1.50



**Intercultural  
Programs**  
*Australia*

bring the  
world to  
your home



To host a student  
contact:

**Kathy**

Tel.: 043928344

Email: [dskgls@bigpond.com](mailto:dskgls@bigpond.com)

OR

**Chris**

Tel.: 049735704

Email: [dskgls@bigpond.com](mailto:dskgls@bigpond.com)

