

Northlakes High School Newsletter

"Opportunities for future success"



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Issue 5 Term 3 Week 5

Monday, August 15, 2011

From our Principal Ms Merrilyn Rowley

As most of our school community is aware, our principal, Mrs Muir, has been recently promoted to the position of School Education Director in the Newcastle area. We congratulate her on achieving this position, in which she will supervise and support a number of Primary and Secondary Schools. In her time here, she oversaw many significant changes in the way we manage the school and students' learning, as well as physical improvements in the school. Her energy and determination in seeking funding to improve our school's facilities are evident in the current upgrades of the metals and construction building, and the new hospitality classroom. We wish her well in her new role.

Currently our senior executive are:

Merrilyn Rowley - Relieving Principal
Guli Skamperle - Deputy Principal
Warren Welham - Relieving Deputy (for Ms Rowley)
Lesley Brimbecom - Relieving Deputy (for Mr Yates)

Public Education Awards of Appreciation

On 26th July four members of our school community were recognised for their efforts in Education.

Shane Pankhurst – has expanded Agriculture in the school, revitalised the farm and introduced innovative programs

Phil Williamson – has worked tirelessly to expand and promote careers in this school and in the region

Anna Bromley – Head Teacher HSIE – outstanding teacher and leader

Sean Glachan – Student in Year 10 – recognised by Northlakes Public School for his exceptional capabilities whilst on Work Experience

Congratulations to all!

State PSSA Girls Hockey

I received a letter from David Denham, convener of the state Hockey Carnival. He commended the

school on the efforts of our volunteers: **Cailin Wiles, Rachel Connichie, Jarrod Parker, Jamiel Zaharia, Rhys Cooper, Josh Langford, Emma Parkins, Emily Delamont**. He stated that, "They did an excellent job. These young people are a credit to themselves, their parents and their school."

NAIDOC Awards

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This year NAIDOC Week was celebrated with the theme focusing on "Change – the next step is ours".

Kevan Smith from Wyong Shire Council came to our School and presented awards to three of our students. Congratulations to Laura Waldron for Female Aboriginal Student of the Year, Brendan Quigg for Male Aboriginal Student of the Year, and Raymond Marsh for Achievement in Art and culture.



Kevan Smith from WSC with Laura Waldron and Raymond Marsh and Sue Waldron (Brendan Quigg absent)

Trial HSC

Year 12 Trial HSC examinations are in Weeks 3 and 4 of this term. Many students have major works and performances to follow. All Year 12 will have a study day in Week 6, and are encouraged to actively attend school until the end of the term. It is a very important time for completing and consolidating

courses, and making sure that all areas of the curriculum have been entirely covered.

Year 11

Our Year 11 students also only have around one month until their end of year exams, and commencement of HSC Coursework in Term 4. All students need to be following a regular study program to ensure their results reflect their ability.

Year 10

Thank you to Mr Williamson and the many staff involved in the Year 10 program at the beginning of Term 3. This program gave students information so they could make informed choices about their future along with the opportunity of a mock interview with employers. The program is a very comprehensive one which allows students and their families to fully explore future options.

CHESS TUTOR NEEDED!

If anyone has any spare time, and would like to tutor Chess to a small group of enthusiastic students maybe once a week please contact the School on 43900555 and ask to speak to Cheryl McArthur.

Sport Awards

We continue to hear of exceptional exploits by our students:

James Starkey – Has continued his outstanding athletics career. He recently came second in the State in Cross Country.

Josh Glachan – On the weekend 30-31/7/11 Josh played in the NSW All-Schools U/15 Touch Tournament at Narrabeen. He represented NSWCHS (Combined High Schools) against NWSCC (Combined Independent Schools). NSWCHS won the tournament and from this Josh has been selected in the NSW All-Schools Team to play in the School Sport Australia Championships in Coffs Harbour 24 – 28 October 2011.

Grant Sluyter and Nicholas Guendoul both represented the school in Softball. Grant in the NSWCHS Softball Team and Nicholas with Sydney North.

Boys Touch Football

The Northlakes High School Boys Touch Team travelled in Ballina 21-22/7/11 to play Southern Cross High School in the Round of Twenty. This actually signifies the final twenty schools in the state (two from each of the ten areas across the state).

Thanks to Mr Lane for helping out at short notice. Mr Lane took on the unenviable task of helping drive the bus. The boys have now qualified for the NSWCHS State Touch K.O. final Ten Series to be held at West Gosford 15th and 16th of August 2011.

The term is comprised of:

Year 12 – **Scott Bundy, Jermaine Cavanagh, Nic Nocera, Brendan Quigg** (injured on the day)

Year 11 – **Josh Kimmorley, Dale Mar, Tristan Mar, Dean Ringl**

Year 10 – **Sean Glachan, Luke Sharpe, Jake Ward**

Year 9 – **Josh Glachan, Jake Summer**

Well done boys and good luck at Gosford!

Parent/Teacher Night

We held our second parent/teacher night on Tuesday 9th August. Once again, most parents successfully logged on and were able to make bookings easily. Thank you to staff and the Support Unit staff for catering. It is a valuable time, when parents and guardians can meet staff and hear all details of their students' efforts and progress. The night could not have run as efficiently as it did without the help of our two time keepers, Zac Cheese and Jacob Griffin. Thanks boys

English Report

Term 3 is shaping up to be quite a busy term, with staff and students already involved in lots of activities with plenty of assessments looming ahead.

Miss Smith and Mrs Reay have been busy working with Ms Hsu from the Teaching and Learning Faculty. These teachers have been preparing and teaching extended writing workshops with students ranging from Year 7 to Year 9 here at Northlakes as well as outside visits to Bluehaven, Budgewoi and Northlakes Primary Schools working with Year 6 students. The workshop aims to extend the writing skills, particularly extended responses with various activities and testing.

Gifted and Talented Students Writing Workshop



Bluehaven Primary School Year 6 Students



Year 7 students



Year 8 Students

Mrs Reay has been working with Year 7 students publishing their own news articles in a Newcastle Herald Special Edition.

Teachers have been busy preparing Year 12 Students for their HSC Trial Examinations. We remind students and parents that it is essential for your success to continue attending classes after trial examinations. This time is used for revision, practice papers and the development of writing skills, and will have a dramatic impact on your performance in the HSC.

Mathematics report

This term in Mathematics we welcome Mr Knight who has taken over from Miss Shu, who has now left Northlakes. Mr Blomfeld is now relieving for Mrs Webb, who has gone on extended maternity leave.

We have been very lucky in Mathematics to have recently received some new resources through the National Partnerships program, including some new textbooks to be used by Year 8, sets of mini-whiteboards, many concrete materials, and computer access for a number of classes to a Mathematics program called 'Mangahigh', which focuses on improving skills using game-based learning.

An exciting project has been underway with our top Mathematics class in Year 9 – they have been working with Kariang Mountains High School and Richmond High School on a combined statistics project. As part of this, we have taken part in a three-way video conference and exchanged surveys with the other schools to gain a better picture of the similarities and differences between our student populations. We have also used the Census at School data to compare ourselves against the whole of Australia.



Many students have been working very well completing the Moodle homework in Year 7 and Year 8. A reminder that this is compulsory and will contribute towards students' final marks for Semester 2. Time is allocated for working on this once a fortnight, but students can also see Mrs Woodley in D33 during the first half of recess every day if they would like extra time at school to complete it. Many of our students have been working very hard to achieve good results, including Jessica Avery, Zac Bayley, Caitlin Bradley, Naomi Byrnes, Jeremy Craig, Cynthia Danzante, Emily Dust, Jade Faimanu, Angus Ferrington, Sammy Fleming, Anerleise Fulton, Marcus Guendol, Daniel Heath, Brianna Henderson, Rhianna Howlett, Caitlyn Jones, Dylan Matwijow, Cameron Quinnell, Luke Rondan, Seth Storey, Lorissa Vandermas, Tara Wallace, and Michael Wills, all in year 7.



Year 7 students working on Isometric Drawings



Jessica Rolt and Samantha Holland

Year 11 have their Preliminary exams in a very short time and should be revising their work consistently by now. In Mathematics HSC exams, 30% of the questions can be solely based on preliminary work, as well as sections which lead into HSC content; so it is most important that students understand and can apply concepts learned in the Preliminary Course.

Remember that a calculator, a workbook, and pens are required equipment for every lesson in maths, as well as textbooks and laptops where applicable. Packing a schoolbag at night may be helpful in ensuring that students are well organised for learning.

TAS Report

The Trade Training Centres for Hospitality and Metals Engineering are both progressing at a pace and are due for completion at the beginning of next term. This is an exciting time for these areas and staff and students are eager to start using these facilities and implement programs.

Mr Johns will be leaving at the end of this term to take up an appointment at Callaghan Senior Campus. He will be greatly missed by all staff and students and we wish him well in his new appointment.

Both Mrs Bath and Mrs McArthur's Hospitality classes are running Coffee Shop again this term with a variety of tempting treats they have made along with espresso delights. They will also be going on work placement in Week 6 and 7 respectively to Food and Beverage establishments around the area. Work Placement is a mandatory component of all VET courses and students are to complete 35 hours in both Year 11 and Year 12.

Year 11 Metals and Engineering VET are currently completing their work placement. When they return they will have many experiences to draw on and to share with each other.

Year 7 Technology IT Patisserie have completed some awesome cake designs.



Some examples of Year 7 Technology IT Patisserie cake designs

Mr Johns has been working with push carts and practising for their next race. He has also taken students to participate in the Engineering Challenge and the Bridge Challenge in various venues north and south.

Metals and Engineering students are currently completing work placement, which is a mandatory but valuable part of their course.

Mr Bayada has been organising a new challenge for next year in the 'Future Homes' competition in which Year 9 and 10 Design students will participate in 2012.

Mrs Brine will be on extended long service leave from Term 4 leading in to her retirement next year. She has been one of the longest serving members of our School Community and has made enormous contributions to our school and the education and welfare of our students and staff. We all wish her well in this new phase in her life.

Drama Report

Year 12 Drama students have been working tirelessly this term in preparation for the upcoming practical HSC examinations, which commence in just a few short weeks. Students have been living and breathing Drama, with many study periods in school being used for Group Performance refinement. On top of this, students have been dedicating their Friday afternoons for the past twelve weeks to completing their Individual Projects, often leaving the school after sundown.

All Individual Design Projects are due **Monday 22nd August** at 9am, whilst examinations for all Individual and Group Performances will be held in the school's Performance Space on **Friday 29th August**.

Mrs Jessica Martin
HSC Drama Teacher



HSC Drama students working hard on a Friday afternoon

Languages Report



Year 7 Japanese classes have started a new topic – My Family (**watashi no kazoku**). They may have been asking at home about their relatives, as creating a family

tree in Japanese was one of the classroom tasks. Included in this topic are the furry members of the family – pets.

August 6th was World Peace Day in Japan. Each class should now have a good understanding of the cultural significance of folding paper cranes and how Sadako's story is important to the peace movement.



Students are able to access homework on Moodle now. Homework tasks are labelled with the week they need to be completed. Some activities will need to be printed and handed to

their teacher for marking, while some can be completed and corrected within the Moodle site.

Year 11 students are just completing their third major assessment. This involves writing and speaking about what they did with a friend over the weekend. Results for Task 2 – a Listening Test - were very pleasing overall. There are only a few weeks left until the final exam for Preliminary Beginners Japanese, then on to the Higher School Certificate! **Ganbatte kudasai** – give it your best shot.

Mrs. Fiona Davis

Support Department

This term Mr Clint Johns from the TAS Department has again invited a group of students from the Support Unit to participate in the Solar Powered Techno-Push Challenge. This program involves students participating in the constructing of a push cart and attending Eastern Creek raceway on August 17th to compete against other schools. We thank Mr Johns for all of his hard work and wish the team good luck in their quest.

Mr Shevels , Mr Cotterell, Mr Quadling , Ms Strong and Ms Rogers took a group of students to Bluetongue Stadium on Friday 27th July. A great night was had by all and Mr Shevels was very pleased that Manly lost. This excursion complemented the Footy Tipping Competition that is run by Mr Shevels and Ms Katie Schneider each week. This is a positive social program and students are becoming quite competitive.

The IOT Class has been busy making homemade sausage rolls and spinach puffs to fundraise for an end of year camp. They are \$6.50 per dozen. Thank you for your support! Anyone interested in ordering may do so through the Support Unit staffroom. At least one week notice must be given.

Sport Report

CHS Touch – our Open Boys Touch Football team have so far been one of the great success stories of 2011. Led by Year 12 student **Scott Bundy**, the boys are now into the top 10 of the state, and play off on Monday 15th and Tuesday 16th August for the final rankings. There have been a number of tight contests along the way, and the team has shown tremendous skill and resilience to get themselves this far. A typical example of this was the 9-8 victory in Ballina a fortnight ago, which secured their place in the top 10. Thank you to the efforts of all staff involved with the team, particularly Mr Lane for driving the bus to Ballina and back. Good luck in the finals boys!

Year 9 student James Starkey continues to shine in his chosen sport of distance running. James has steadily been progressing through School, Zone and Regional Athletics Carnivals, and now finds himself awaiting the NSW CHS Athletics Carnival, where he is the current regional champion in the 1500m and 3000m. James' biggest achievement to date recently occurred at the NSW CHS Cross-Country carnival at Eastern Creek. James placed 2nd in the 15yrs 4000m event. James said he learnt from the tactics of 2010, and this experience clearly showed as he fought on for 2nd place at state level. A tremendous effort James, and good luck in the 1500m and 3000m.

The Coles Sports for Schools program is back for 2011, following the success of 2010. This program was very well supported by the Northlakes High School Community, and as a result we were able to significantly add to our PE resources. Most notably we obtained a new High Jump stand and bar, as well as a large range of fitness equipment for PASS and SLR classes. Thank you for your support in 2010, and we look forward to another successful program in 2011.

Mr Mansfield
Sport Co-ordinator

Welfare Report

We have had a productive few weeks here with the Welfare Team!

I would like to welcome a new member to our Welfare Team: Miss Angela Ware. Angela is a qualified Social Worker who will be a valuable asset to the Northlakes High School Community.

Our students are again undertaking a number of beneficial programs this term. These include; Plan It Youth, Reality Check, Drum Beat, Jump Start, GLOW, Break Thru and Youth Safety Forum to name a few.

Alex Banks, our School Chaplain, and Angela Ware, will be delivering a new program called Anger Management for Teens, which will be a valuable program for selected students of our school. This will begin in the next couple of weeks and parents will be notified by mail if their child is invited to participate.

Our Bush Tucker Garden is developing well...with our students busily cleaning up the garden area ready for planting. Keep up the great effort!

Wearing your school uniform is an important aspect of being part of the Northlakes High School Community, and the majority of our students wear it every day, and look great. Most students are bringing in notes from parents. Students bring their note to us in the Welfare Office before 8am in the morning to receive a pass. If students are not wearing correct uniform their names are put on the uniform referral slip in Roll Call. The welfare team then follow up with interviews, detention and letters home. If there are any families with clean and tidy second hand Northlakes High School uniforms could they please drop them into the front office. They will be much appreciated!

Transition of Year 6 into Year 7 is beginning this term, with Head Teacher Welfares and 2012 Year Adviser Miss Erin Campbell visiting our feeding Primary Schools over the next few weeks. This is an important time for Year 6 students as we help them prepare for High School, a huge step in their schooling life.

Remember we are here for any of your welfare concerns relating to your child/children. Do not hesitate to call us at school on 43900555.

Mrs Jodene Garside and Ms Simone Byrnes
Head Teacher Welfare

PSP Student Equity Conference 2011

Three Year 10 students represented our school at the Priority School Program Student Equity Conference held at the Mingara Centre on August 8.

Emma Hocroft, Daniel Wasson and Keirra Bourke acted as facilitators and worked with Primary School students from our region. The conference aimed to provide students the opportunity to 'voice' their own ideas, opinions, knowledge and experiences throughout education in order to improve schools.

Our students proved to be excellent ambassadors for our school and worked well with younger students to generate ideas for future learning. They will continue to work as a group to develop ideas for the high school setting, meeting with the Principal, staff, students and community.

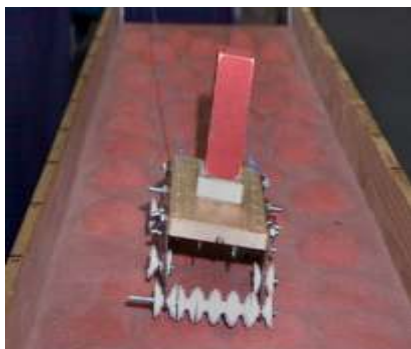
Ms Jan Curran
Head Teacher Teaching and Learning



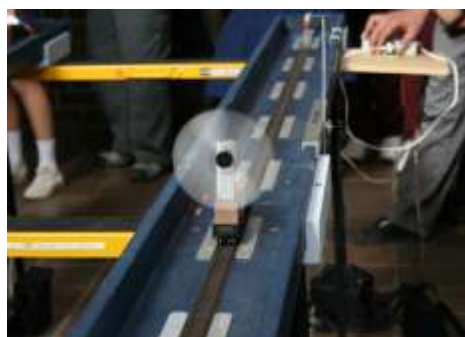
2011 AUSGRID
Newcastle Science and
Engineering Challenge



On the 27th July a group of students consisting of **Jack Cawthorne, Renea Oszenashek, Renaldo Joubert, Cameron Stack, Jefferson Breteton, Abby Hugman, Olivia**



Johnstone, Tiah Hartas, Sophie Ireland, Chloe Payne, Teagan Bell, Thomas Richardson, Anna Veltmeyer, Kori-Jane Montgomery, Mitchell Jackson, Kirby Patrick, Cailin Holdsworth, Gemma Johnstone, Pania Moss and Jazz Emery competed in the Regional Ausgrid Newcastle Science and Technology Challenge.



Students competed in a range of tasks consisting of designing and building a Martian rover, a bridge, propeller blades to power vehicles, balloon powered cars, sustainable housing, robotic arm, electricity power grid and a hover craft.

The team achieved good results with outstanding results from Tiah Hartas and Sophie Ireland with their bridge which finished third on the day and a special mention was given to Kirby Patrick and Jazz Emery for their propeller blade project.

Technology and Applied Studies

Debating and Public Speaking

All of our Junior Debating Teams have been progressing well and are working hard in preparation for up and coming debates. The Year 7 and Year 8 Teams are busy getting ready for their debate this week in which they will compete against each other for Round Three of the NSW Premier Debating Challenge. Both teams will also compete against Gorokan High School within the next few weeks so we wish them all the best of luck!

A huge congratulations to Caitlyn Jones and Susy Taylor-Monzer in Year 7 who attended Central Coast Grammar School last week with Miss Smith to compete in the Junior Legacy Public Speaking Finals. Both girls had written a prepared speech in which they presented to an audience followed by an impromptu speaking round. They had only five minutes to prepare for the given topic and present once again as a two minute speech. Unfortunately neither of the girls received the winning place into the state competition, however, both girls did a fantastic job and spoke with confidence in both rounds



Miss Miranda Smith

Caitlyn Jones and Susy Taylor Monz

Year 7 Report

This term Year 7 students were given the opportunity to go on a MEGS excursion (Making Educational Goals Sustainable). This was a day to experience TAFE and to look at the educational options available to students. Feedback from the students proved that it was a valuable excursion.

Our school Moodle site is available via the school website. Moodle is a web site that allows teachers to upload tasks including homework and assessments, links to great websites, and much more. It is developing every week and is a worthwhile site to visit. Alternatively, type in the following direct link. <http://www.hccweb2.org/northlake/>

We had another successful Parent Teacher evening on the 9th of August. Thank you to all parents who attended.

Please feel free to call or email me if you need to discuss something about your child on 4390 0555 or megan.lubinski@detnsw.edu.au

Ms M. Lubinski
Year 7 Adviser

Year 8 Report

Welcome to the new school term and to the slowly warming weather. It is good to see so many of our Year 8 Students arriving back in school uniform, but there are still a small number of students who are not in uniform. I am encouraging all parents and carers to check their student's uniform before they leave home.

Our Year 8 Deputy Principal Mr Yates, is currently on leave and representing Australia at the World Sailing Championships in Scotland. We wish him the best of luck throughout these championships. During Mr Yates's absence Mr Brimbecorn is the acting Year 8 Deputy Principal.

While on a sporting theme I would like to congratulate Tahnee Blenman on her success at both Zone and Regional Athletic Championships. Tahnee will now represent Metropolitan North at the Combined High Schools Athletics Championship in the not too distant future.

On a less positive note bullying is still raising its ugly head on a regular basis. Although face to face bullying is on the decline, bullying on the cyber level is on the increase. I encourage all parents to be aware of what their students are up to when they are using the internet. Advances in modern technology, e.g. Twitter and Facebook have made communication

much easier, but is also being used by bullies. Once again I would ask that all parents and carers monitor their student's activities whilst they are on the net.

Mr. Edward Seaby
Year 8 Adviser.

Year 9 Report

Welcome to Term 3. The weather is still cool and there are still many students out of uniform. The correct school uniform includes black pants or school skirt, stockings optional, and a school jumper or plain black jumper. Parents and Caregivers are encouraged to ensure their children are wearing the correct uniform to school each day, no tights (unless under skirts, and no ballet flats). If you are finding it difficult to dry your uniform due to the wet weather or purchase a uniform, please provide a note from home and see Mrs Garside in the Welfare Office in D-block to provide you with a uniform pass.

A reminder to students to check your Assessment Schedules for all Assessment Tasks due this term. Read your assessment tasks and marking criteria thoroughly and submit them on or before the due date. If you miss a school day it is your responsibility to catch up on the missed work. Your teachers will be more than happy to assist you to do this.

A note to parents: your children ARE required to have books at school to take notes. The laptops must only be used for practical/research tasks, they are not a note-taking tool. It would be much appreciated if you could please support this policy and encourage your children to pack their bags thoroughly including their books for each subject.

Thank you to all the students who participated in Jeans for Genes Day and donated money. Well done to the SRC for organising this fundraiser.

We had another successful Parent Teacher evening on the 9th of August with many parents attending. This evening is important and very informative for both parents and teachers. Congratulations to the Year 9 students who represented our school in the AusGrid Engineering Challenge and Aurecon Bridge Challenge. Your behaviour and participation is commendable.

Half-Yearly Reports were issued on the Thursday of Week 10 of Term 2. Any student who did not receive their report please go to the office to obtain it.

If you have any queries or questions, please don't hesitate to contact me on 43900555 or email Kerry.bissaker@det.nsw.edu.au

Kerry Bissaker
Year 9 Adviser

Year 10 Report

The past week has been a busy time for Year 10 students, who have been preparing for senior studies in the unit 'All my Own Work'. The unit requires students to complete a range of surveys relating to senior and tertiary study, as well as participate in excursions to Sydney and mock interviews. Students participated in the unit with maturity and enthusiasm.

A reminder that all students are required to be in full school uniform at all times, which includes a plain black jumper and enclosed black leather school shoes.

Half-Yearly Reports were issued at the end of Term 2, therefore any student who has not received their report should come and see myself in the English staffroom to obtain it.

If you have any queries or questions, please don't hesitate to contact me on 43900555

Mrs Jessica Martin
Year 10 Adviser (Relieving)

Year 11 Report

This term is set to be a very busy term for all Year 11 students. By all reports, Year 11 students are continuing to work well in class as they prepare for their end of year exams in Week 9 of this term.

During this term a lot of students will have several Assessment Tasks to be completed. I strongly advise that students, who have not already done so, develop a home study timetable to enable them to more effectively manage their time. To minimise stress associated with the completion of the many tasks students may be facing, Assessment Tasks should be broken down into small chunks with a little being completed at a time as well as being started as soon as possible. If a correct study plan is adhered to, students should have plenty of time up their sleeves for fine tuning tasks to maximise their marks.

Mr. Ben Bryant
Year 11 Adviser

Year 12 Report

It is important that all Year 12 students prepare themselves for their final weeks of school. It is never too late to improve your knowledge and understanding of subject content, to update your study notes or improve your exam technique. The Trial Exams should give you an idea of where you need to improve to perform at your absolute best in the HSC Exams.

Preparations for the last week of term are well underway. The Year 12 Formal is on Wednesday, 21st September at Caves Beach Resort, with a cost of \$85 per person. This money needs to be paid to the school office as soon as possible. Any students interested in helping with the organisation of the formal should see me as soon as possible – the more help we can get, the better. The final Presentation Assembly will be on Friday, 23rd September.

A final Study Skills day is being planned for Wednesday, 24th August. This will look at HSC Exam rules, how HSC marks and ATARs are calculated, how to answer HSC questions, and planning your study time, among other topics. Students need to assess whether they are contributing to quality study time or procrastinating, whether there is a need to develop a study timetable, or to increase the amount of time spent on revision activities. In order to achieve quality results you have to put in quality preparation – and for most of us there is no second chance. The extra work now will definitely pay off next term.

Mr Dave Hextall
Year 12 Adviser

P&C Meeting

Our next P&C Meeting is Tuesday 23rd August, at 3.30pm in the Language Centre, please come along and find out what is happening in our School. Last week we provided a cake for all of the SAS (School Administrative Support) Staff to appreciate everything they do in the School.



School Administrative Support Staff

KIDS LOOK TO US TO KEEP THEM SAFE

PARK LEGALLY IN SCHOOL ZONES



NO STOPPING

Stopping is not permitted at any time.



BUS ZONE

Stopping is not permitted during the times shown on the sign.

NO PARKING ZONE



Drivers may drop off or pick up children during the times shown on these signs, but note:

- the maximum stopping time is 2 minutes
- the vehicle must not be left unattended, and
- the driver must remain within 3 metres of the vehicle.

Heavy Fines and Loss of Demerit Points Apply

A road safety initiative from Wyong Shire Council



What's On At Your Centre

San Remo & Budgewoi Mural Project

You don't have to be an artist to be part of this exciting project. We need ideas, imagination, painters, scaffolders and everyone who has a desire to make our towns a better place. Artist Anthony Williams will listen to what is important to create a picture that is unique and will be the gateway to your town's local shopping village. There will be one meeting *only* in each township to get your ideas, sketch out the mural and develop a plan to paint! Whether you are 2 or 102 be the next Picasso in your community. The meeting for the Budgewoi mural will be on Wednesday 24th August, 3pm at Halekulani Oval

LINKS Youth Support Services

For young people 12-17 years

Life skills and skills development programs for young people 12-17. Providing young people with support creating a money plan, information on employment and training options, awareness of effective communication skills, an understanding of young people's Health and Well being, basic car care abilities, cooking on a budget as well as tenancy advice and information.

LIFTT—Life is for the taking Mannering Park –Dunvegan St Community Hall , Wednesday 4pm – 6pm

Next Step San Remo Neighbourhood Centre (opposite Northlakes High School), Mondays &

Wednesdays 2.30pm – 5pm

Creative Arts Group Blue Haven Community Centre, Fridays 3.30

Key Word Signing

Learn fun and practical sign language at a basic 'key word' level, tutored by Jane Beale. Get started with a small vocabulary of Auslan signs, learn to finger spell your name and sign along to music. Meet others who are interested in a visual language. Tuesdays until 23rd August from 5:30-6:30pm, \$8 per session.

Personal Counselling

Would you like some help dealing with personal difficulties? The Centre has two qualified counsellors who are available for appointments at a small fee. Appointments are available on Wednesday evenings or Fridays during the day.

Financial Counselling

If you are finding it difficult paying your bills then Financial Counselling might be for you. This is a free community service which is available to support people who are experiencing financial difficulties. The Centre has two Financial Counsellors available, for an appointment phone Denise on 4390 7888 or Tony on 4390 2288.

Zumba Gold®

A fun and friendly low impact modification of Zumba® that is appropriate for older adults, people who are new to exercise and those who have restricted movement. Our qualified instructor will lead you through the session at a comfortable pace. Fridays until 23rd September from 4pm-4:45pm. Prebook and pay a reduced rate of \$40 for a 5 week block or pay \$9 for a casual class.

San Remo Playgroup

Enjoy a chat and a coffee with other parents while your children make friends, try new games and enjoy activities like craft, stories, songs and outings. Playgroup is from 9:30am-12noon on Tuesdays.

Community Cancer Network Wyong

invites residents of the Central Coast to a

CANCER SERVICES EXPO

Under one umbrella 2011

This EXPO will provide



Access to information and resources



Details of services and support available



Opportunity to speak to Health Professionals



Date: Tuesday 13th September 2011

Time: 9:30 am to 12:30 pm *Light refreshments available*

Venue: Wyong Golf Club Pacific Highway Wyong

Enquiries: Lyn Smith ~ 4393 5017 or Sandra Shorrocks ~ 4336 4500

Transport will be available from Wyong Station to EXPO and return

PICKUP RETURN

9.15 am 10.15 am

10.30 am 11.15 am

11.30 am 12.30 pm

Transport must be booked. Please call 4336 4500



**Cancer
Council**